

FLORIDA INTEGRATIVE MEDICAL CENTER RECOVERY CENTER PATIENT GUIDELINES

Thank you for choosing Florida Integrative Medical Center for your care. In order to provide you and your family with the best experience at our Recovery Center, we have developed the following guidelines. Please make sure you make yourself familiar with them. If you have any questions, feel free to ask the Recovery Center Manager or any Recovery Center staff member.

Check In & Check Out:

Check in time for the Recovery Center is scheduled after 2pm. Check out time is scheduled for 10am.

Educational Session:

All patients checking in to the Recovery Center will be scheduled for a two hour educational session prior start of your treatment.

Payment Policy:

Payment is expected at check in for the full treatment. Any cancellations with less than 24 hour notification will be charged one daily rate. We accept major credit cards, check and cash.

Guest Policy:

One guest is allowed to stay with the patient throughout the stay. If the patient is a minor both parents or legal guardians are allowed to stay with the patient. Please note that there will be a \$50 per day charge per guest for meals during the stay.

If you have additional family members or visitors, during the day please make sure they are at the recovery center and not at the medical practice across the hall.

Employee Only Access:

In order to provide the highest level of patient confidentiality and safety, please make sure you do not enter any areas that are designated for employees only. If you have any questions, or requests, feel free to ask any staff member for help.

Food:

Breakfast – Self serve smoothies, fruits, healthy / sprouted cereals with almond milk.
Lunch – Served at the Recovery Center kitchen or on occasion during your IV session at the IV Room.
Dinner – Served after 5pm in the Recovery Center or the IV Room. If you decide to have your meal later, your meal will be covered, labeled with your name and stored in the refrigerator.

During the weekend, the smoothie and juicing items will be located at the Recovery Center kitchen for your convenience.

Laundry:

Laundry equipment is available for your use while staying at the Recovery Center. Please make sure you only use the equipment between the hours of 8am and 9pm.

During Your Stay:

1. After your educational session, you will see Dr. Monhollon and he will develop a personalized program specially designed to meet your health needs.
2. The team will get your schedule set up for all the different therapies you require. This schedule will be posted on the wall in your room.
3. Our nutritional experts will get your meal plan and juicing schedules arranged according to Dr. Monhollon recommendations and your taste.
4. - You will receive a snack filled "Welcome basket"
 - You can make yourself at home with items that are not labeled in the Recovery Center refrigerator.
 - There is a fruit bowl in the kitchen which is stocked at all times
 - A 9.5 Kangen water dispenser is kept full
 - Juices are made fresh. You can help yourself to the juices or we can serve you, but it is very important you keep up with the Dr. recommended juice schedule.

Length of Stay:

Our Recovery Center is scheduled continuously throughout the year. If you wish to prolong your stay past your initial treatment, please contact the Recovery Center Manager to see room availability and alternative options.

Transportation:

If you require transportation throughout your stay, we can arrange with contracted patient transporting services for your transportation needs. Please note, the charges for this service is additional and separate.

Additional Charges:

Please note that the package you have purchased has a standard group of services. Should you or the Dr. request additional services they will be charged separately.

Hours:

As a patient of the recovery center, you will be going for treatment across the hall to Dr. Monhollon's medical practice. The practice is open Mon-Sat starting at 9am and closes between 6pm and 7pm daily. There are no treatments or services provided at the practice on Sundays.

Security for Your Belongings:

There is much activity in the Recovery Center and many people are involved in your care during your stay. You will be out of your room for treatments. It is best to keep personal items and valuables to a minimum while you are in the Recovery Center.

Florida Integrative Medical Center will not be responsible for patients' personal items or valuables.

We look forward to having you at our Recovery Center. If you have any questions, please feel free to ask the Recovery Center Manager.

Patient Signature

Date